



CHANGING  
**Maryland**  
*for the Better*

# Community Pathways Waiver **Amendment #2** **Residential Services**

*(Supported Living, Shared Living – Companion, Shared Living –  
Host Home, Community Living - Group Home,  
Community Living - Enhanced Supervision)*

*A Partnership for better communication on  
developmental disability services in Maryland*

Public Webinars

Presented: Sept 6, 2016, Sept 9, 2016, and Sept 10, 2016



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# Agenda

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- Overview
- Amendment #2 - Purposes
- Waiver Service Template
- Residential Services Highlights
- Information and Input
- Next Steps
- Reminder
- Questions

Slide #2



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# Overview

- We are making changes to the Community Pathways Waiver to create a more flexible, person-centered, family oriented system of supports
- The changes are based on feedback from individuals receiving services and their families, recommendations from the independent consultants, and are aimed at furthering compliance with new federal rules and requirements from the Center for Medicare and Medicaid Services (CMS) and the Department of Labor (DOL)
- Requests to make changes to the wavier program are made by submitting a Waiver Amendment to CMS

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# Overview

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- We are making changes to the waiver program in stages and will reflect the development of new services, improved business rules, processes, and service rates; and will provide ample opportunity for meaningful public engagement on the prospective changes

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# *Amendment #2 - Purpose*

For Amendment #2, the DDA is proposing to make changes to the current waiver services including service definitions, limitations, and provider qualifications. The purposes of these changes are to:

- simplify the waiver language and description of processes so that all stakeholders can understand
- incorporate best practices
- reflect stakeholder listening sessions, consultant reports, and workgroup's recommendations
- meet federal service requirements

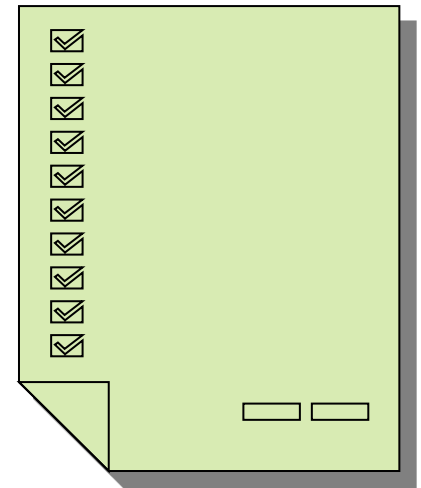
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# Waiver Service Templates

Proposed services are noted in standard templates based on the federal application and include the following key sections:

- Service Name or Alternative Service Title
- Service Definition
  - ✓ Overview or simplified description of service
  - ✓ Service Requirements
- Limits of service amount, frequency, or duration
- Service delivery method
  - ✓ Participant Directed (meaning service can be self-directed)
  - ✓ Provider Management (meaning DDA licensed provider)
- Provider Specifications
  - ✓ Type
  - ✓ Qualifications (license, certifications, others standards)



# Service Groups

Waiver services have been grouped under one of the following areas:

➤ **Employment and Day Services**



➤ **Support Services**



➤ **Residential Services**

- ✓ *Supported Living*
- ✓ *Shared Living –Companion*
- ✓ *Shared Living – Host Home*
- ✓ *Community Living - Group Home*
- ✓ *Community Living - Enhanced Supervision*



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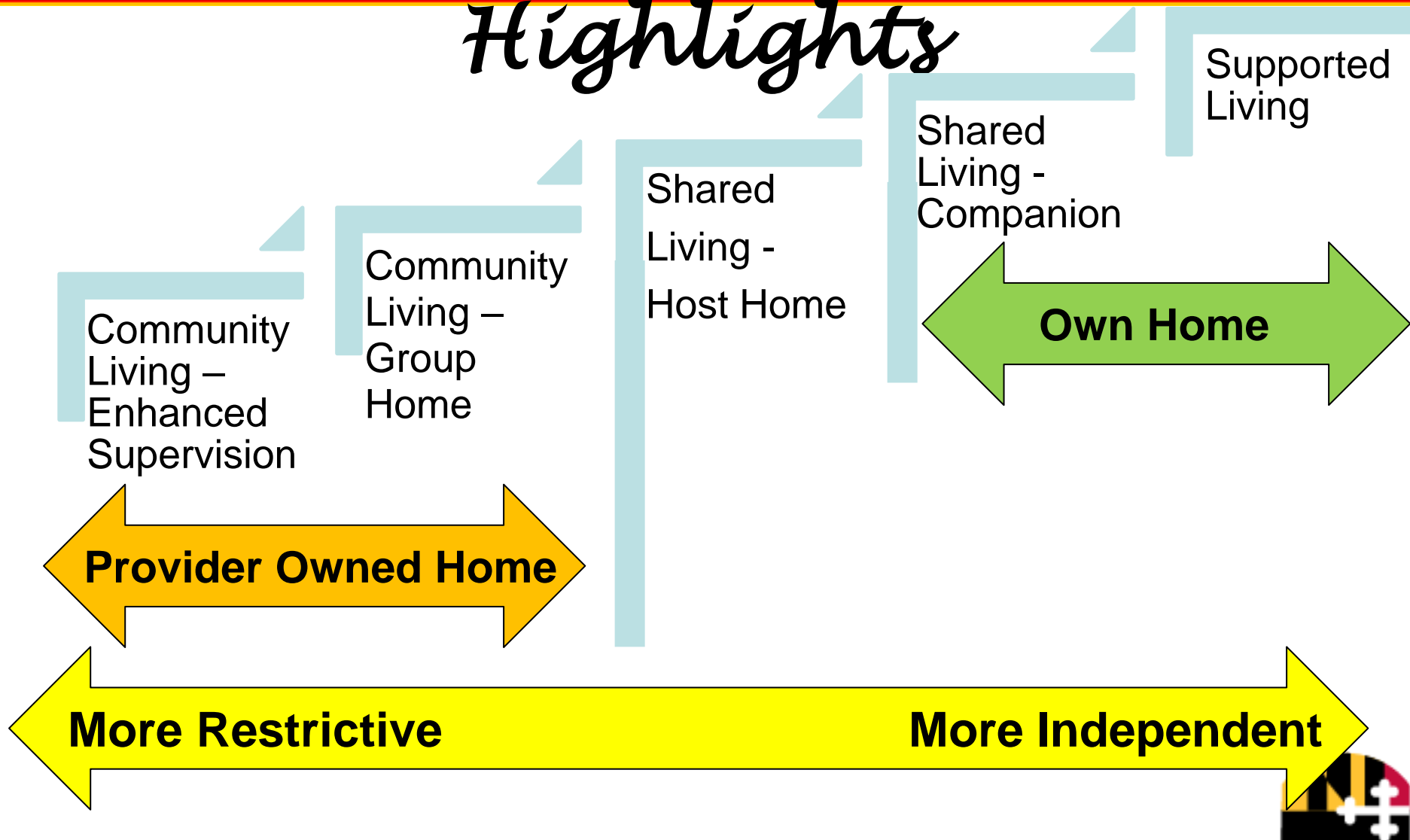
# Residential Services

Residential Services			
	Current Service Name		Proposed Service Name
		1	Supported Living ( <i>New</i> )
1	Shared Living	2	Shared Living – Companion
		3	Shared Living – Host Home
2	Residential Habilitation	4	Community Living – Group Home
		5	Community Living – Enhanced Supervision ( <i>Supports</i> )





# Residential Services Highlights



# *Residential Services Highlights*

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## ➤ **Supported Living**

- ✓ Helps person in living independently (e.g. learn how to make everyday decisions, such as what to cook for dinner, how to manage money, and engage and participate in their community)
- ✓ Choice of type of community activities in which they wish to be involved based on their personal resources



# *Residential Services Highlights*

## ➤ **Supported Living**

- ✓ Individualized supports, delivered in a personalized manner
- ✓ Person lives in homes of their choice (own home or rents apartment)
- ✓ Choice of where they want to live
- ✓ Choice to live on their own or with a roommate (up to four people and couples may share a room)



# *Residential Services Highlights*

## ➤ **Supported Living**

- ✓ Service may include coordination, training, supports, and/or supervision (as indicated in the person centered plan) related to:
  1. self-advocacy
  2. adaptive skills
  3. community engagement
  4. daily living



# *Residential Services Highlights*

## ➤ **Supported Living**

- ✓ Service may include coordination, training, supports, and/or supervision related to:
  - 5. health-related matters
  - 6. personal care
  - 7. protection and oversight
  - 8. social and leisure skills
  - 9. transportation and travel training



# Residential Services Highlights

## ➤ Supported Living

- ✓ May include up to 24 hours of support including a combination of habilitation and/or personal supports as specified in the person centered plan
- ✓ Each person has choice of service provider
- ✓ New license *service* but not a licensed *site*



# *Residential Services Highlights*

- **Supported Living residence** (house or apartment):
  - ✓ Is a private dwelling
  - ✓ Must be owned or leased by at least one of the individuals residing in the home and/or by someone designated by one of those individuals such as a family member or legal guardian
  - ✓ All residents must have a legally enforceable lease or service agreement that offers them the same tenancy rights that they would have in any public housing option



# Residential Services Highlights

## ➤ Shared Living - Companion

- ✓ Arrangement in which a participant *shares* their *home* and *life's experiences* with another individual
- ✓ Emphasizes the *long-term sharing of lives, forming of caring households, and close personal relationships* between a participant and their roommate
- ✓ Participant's own home or apartment or shares a home or apartment with a roommate





# *Residential Services Highlights*

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## ➤ **Shared Living - Companion**

- ✓ Licensed provider helps to match participant with a roommate
- ✓ Roommate:
  - Helps participant develop/maintain independent skills
  - Provides companionship, mentoring and supports in day to day activities



# *Residential Services Highlights*

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## ➤ **Shared Living - Companion**

- ✓ The roommate must be chosen by the participant and reflect their preferences and desires
- ✓ Service must be provided five consecutive days and four nights
- ✓ Community Personal Supports are available on the agreed days the roommate is not providing services if needed



# Residential Services Highlights

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## ➤ Shared Living – *Host Home*

- ✓ Arrangement in which a *couple* or *family* shares their *home* and *life's experiences* with a participant
- ✓ Emphasizes the long-term sharing of lives, forming of caring households, and close personal relationships between a participant and the host home



# *Residential Services Highlights*

## ➤ **Shared Living – Host Home**

- ✓ Licensed provider helps to match participant with a couple or family
- ✓ Couple or family:
  - Helps participant develop/maintain independent skills
  - Provides family like supports, mentoring and supports in day to day activities
  - Facilitates relationship with participant and his/her natural family (as applicable)



# *Residential Services Highlights*

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## ➤ **Shared Living – Host Home**

- ✓ The couple or family must be chosen by the participant and reflect their preferences and desires
- ✓ Transportation cost is included in the service



# *Residential Services Highlights*

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## ➤ **Community Living – Group Home**

- ✓ Helps participant acquire independent skills in activities of daily living and to fully participate in community life
- ✓ Provider owned and operated licensed site with legally enforceable service agreement (lease) with participant



# *Residential Services Highlights*

## ➤ **Community Living – Group Home**

- ✓ Service may include coordination, training, supports, and/or supervision (as indicated in the person centered plan) related to:
  1. self-advocacy
  2. adaptive skills
  3. community engagement
  4. daily living



# *Residential Services Highlights*

## ➤ **Community Living – Group Home**

✓ Service may include coordination, training, supports, and/or supervision related to:

5. health-related matters
6. personal care
7. protection and oversight
8. social and leisure skills
9. transportation and travel training





# Residential Services Highlights

## ➤ Community Living – Group Home

- ✓ Limited to four people unless preauthorized by DDA
- ✓ Service must be provided 6 hours a day or when person spends the night
- ✓ Must meet federal *CMS community settings rules and requirements*



# *Residential Services Highlights*

## ➤ **CMS Community Setting Rules and Requirements:**

- ✓ Be integrated in and support full access to the greater community including but not limited to:
  - ❖ Provide coordination between life skills and employment services
  - ❖ Provide opportunities to control personal resources
  - ❖ Provide opportunities to develop relationships
  - ❖ Provide opportunities to participate in communities of the individual's choice



# *Residential Services Highlights*

## ➤ **CMS Community Setting Rules and Requirements:**

- ✓ Ensure the individual's right of privacy, dignity and respect, and freedom from coercion and restraint
- ✓ Optimize individual initiative, autonomy, and independence in making life choices, including but not limited to, daily activities, choice of roommate, decorating bedroom, and with whom to interact
- ✓ Facilitate individual choice regarding services and supports and who provides them



# Residential Services Highlights

## ➤ Community Living – Group Home includes:

- ✓ *Community Living - Group Home trial experience* for a maximum of seven (7) days and/or overnight stays within the 180 day period in advance of their move
- ✓ *Residential Retainer Fees* is available for up to 30 days per year per participant when the participant is unable to receive services due to hospitalization, behavioral respite, family visits, etc.



# Residential Services Highlights

- **Community Living – Enhanced Supervision (*Supports*)**
  - ✓ Supports individuals who require *enhanced supervision* and have *challenging behaviors* to *ensure their safety and the safety of others*
  - ✓ Helps person acquire independent skills in activities of daily living and to fully participate in community life
  - ✓ Home structure may have fences, security systems, etc.



# *Residential Services Highlights*

- **Community Living – Enhanced Supervision (Supports)**
  - ✓ Service may include coordination, training, supports, and/or supervision (as indicated in the person centered plan) related to:
    1. self-advocacy
    2. adaptive skills
    3. community engagement
    4. daily living



# *Residential Services Highlights*

- **Community Living – Enhanced Supervision (Supports)**
  - ✓ Service may include coordination, training, supports, and/or supervision related to:
    5. health-related matters
    6. personal care
    7. protection and oversight
    8. social and leisure skills
    9. transportation and travel training



# *Residential Services Highlights*

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- **Community Living – Enhanced Supervision (Supports)**
  - ✓ Limited to four people unless preauthorized by DDA
  - ✓ Service must be provided 6 hours a day or when person spends the night
  - ✓ Residential Retainer Fees is available for up to 30





# *Residential Services Highlights*

- **Community Living – Enhanced Supervision (*Supports*)**
  - ✓ Licensed site that meet CMS community settings rules and requirements
  - ✓ Preauthorization required based on documented level of support needed
  - ✓ Minimum staff levels
    - ❖ Three staff during evening shift
    - ❖ Two staff overnight



# Information and Input

## ➤ DDA Website – Amendment #2

- ✓ *Current and proposed services*

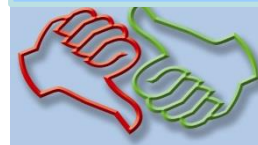
<http://dda.dhmfh.maryland.gov/Pages/Community-Pathways-Waiver-Amendment-2.aspx>



## ➤ How to share input:

- ✓ Complete input Survey (*links to be provided with webinars*)  
OR
- ✓ Mail comments to Attention: Amendment #2 - DDA 201  
West Preston Street Baltimore MD 21201

Comments  
Concerns  
Compliments



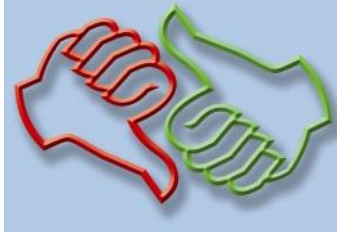
# Input Survey

- **Support Services Group #2** Survey link

<https://www.surveymonkey.com/r/ResidentialDDASvcs>



Comments  
Concerns  
Compliments



# *Next Steps*

- DDA Proposed Draft Waiver Services Webinars—  
August – September 2016
- State review of comments and consideration for  
revisions – September 2016
- Identification of business processes and operational  
changes and strategies
- Announcement of final waiver service proposals
- 30 Public comment period

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# Reminders

- Proposed waiver services are in draft
- Share your input
- Proposed new services are not available now
- Rate study will influence rates



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# Questions

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